

**Capital Area Human Services District Board Meeting**  
**Met via ZOOM – Did not have a Quorum**  
**April 4, 2022**  
**1:00 PM**

**Directors Present:** Gerri Hobdy, Chair; Amy Betts; Kathy D’Albor; Toddie Milstead; Virginia Pearson; Thomas Sawyer, Vice Chair; Rachael Wilkinson; and Mary Winfield

**Directors Absent:** Laverne Aguillard; Dwayne Bailey; Chalonda Hollins; Gail Hurst; Rikki Permenter, PhD; Edward Songy, Jr.; Genny Nadler Thomas; and Stephanie Webb

**CAHSD Staff:** Janzlean Laughinghouse, PhD, LCSW-BACS, LAC; Karla Muzik and Karen Bray

**Guests:**

	RESPONSIBLE PERSON		FOLLOW-UP
Approval of the, April 4, 2022 Consent Agenda. and Approval of the March 7, 2022, Minutes	Ms. Gerri Hobdy	<p>Ms. G. Hobdy, Board Chair, called the meeting to order at approximately 1:10 PM. It was noted that a quorum was not present.</p> <p>Dr. Laughinghouse thanked the Board members for being present. She stated she would provide the Executive Director report since those topics do not require a Board vote.</p> <p>Due to lack of a quorum, the April 4, 2022, Consent Agenda items and the minutes for March 7, 2022, will be presented at the May 6, 2022, meeting.</p>	Pended approval of March 7, 2022 minutes – will be included on 5/6/2022 agenda.
Public Comment	Ms. Gerri Hobdy	Ms. Gerri Hobdy read the public comment section from the meeting agenda. There were no public comments made via the email address designated for submitting comments.	There were no public comments.
Communications	Dr. Laughinghouse	<p>Communications – Dr. Laughinghouse provided highlights from the April 2022 Edition of <i>CAHS Connects</i>:</p> <ul style="list-style-type: none"> <li>Driving into Recovery – Iberville Parish: Dr. Laughinghouse reported there was a good turnout. Event details will be included in the May Newsletter. She thanked Ms. Kathy D’Albor for her assistance with planning the event and coming out to show her support for CAHSD and her community. Dr. Laughinghouse stated that Mayor Ed Reeves helped to promote the event, connect local organizations and secure the COPAC. Others supporting the event were: CAHSD’s Louisiana Spirit Program, LDH, Office of Public Health, OLOL Regional Medical Center and LSU Health; Aetna, Louisiana Healthcare Connections; Stitches Influencing Purpose Initiative; Port Allen Jambalaya Shoppe; Greater Baton Rouge Food Bank. COVID and flu vaccines and food boxes were offered to those attending the event. The Plaquemine Police were given 60 Narcan kits which helps to</li> </ul>	

		<p>reverse the effects of opioid overdoses. The next Driving into Recovery stop will be West Barton Rouge Parish. CAHSD will be reaching out soon to WBR Board members for assistance.</p> <ul style="list-style-type: none"> <li>• Resiliency Training Series – The workshops are designed to enhance resilience during times of crisis. Dr. Laughinghouse provided details of the series/topics. The workshops are open to the public and there is no cost to attend.</li> <li>• Grief Recovery Series - Sessions start on April 19<sup>th</sup> with Ms. Gwen Knox, Certified Grief Recovery Specialist. The program is designed to help individuals and families dealing with the loss of a loved from opioids or other substance abuse. There is no cost to attend and sessions are confidential.</li> <li>• Tiffany Alexis Interview - Board members were encouraged to watch the interview and see how Tiffany’s real and emotional experiences motivated her to be a counselor. She is a licensed Addiction Counselor at Baton Rouge Behavioral Health Clinic.</li> <li>• Self-Care Workshop for the CAHSD Employees – conducted by Toni Bankston, LCSW-BACS, MindBody Baton Rouge, Trauma and Wellness Consultant. These workshops are offered for CAHSD Staff and Board members.</li> </ul>	
CARF Survey Update	Dr. Laughinghouse	<ul style="list-style-type: none"> <li>• CARF Survey Update: February 23-25, 2022. Dr. Laughinghouse announced that CAHSD has been issued CARF accreditation based on its recent survey. The three-year accreditation applies to the following programs/services: Outpatient Treatment for Mental Health (Adults); Outpatient Treatment for Mental Health (Children and Adolescents); Outpatient Treatment for Substance Use Disorders/Addictions (Adults); Outpatient Treatment for Substance Use Disorders/Addictions (Children and Adolescents); and Residential Treatment for Substance Use Disorders/Addictions (Adults).</li> </ul>	
CAHSD Annual Meeting/Training Day	Dr. Laughinghouse	<ul style="list-style-type: none"> <li>• CAHSD Annual Meeting/Training Day is Friday May 6<sup>th</sup>. Dr. Laughinghouse provided details of the event, including location, and presenters. Breakout sessions will be conference style. She stated this is a good opportunity to combine the May Board meeting and provide training for the Board members.</li> </ul>	
Self-Generated Revenue (SGR)	Dr. Laughinghouse Karla Muzik	<ul style="list-style-type: none"> <li>• Karla Muzik, Director of Business Operations, reviewed/explained the CAHSD February SGR Report 2022 and the SGR Comparison Report, 2021 and 2022.</li> </ul>	
Board Membership Update	Dr. Laughinghouse	<ul style="list-style-type: none"> <li>• There were no updates to report.</li> </ul>	

Report from Chairman			
Governance Policy Review by Direct Inspection/Board Business			
Compensation & Benefits	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>• Compensation &amp; Benefits (% Default Merit Report)</li> </ul>	Pended – will be included on 5/6/2022 agenda.
Board Committee Principles	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>• Board Committee Principles</li> </ul>	Pended – will be included on 5/6/2022 agenda.
Public Comment	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>• Public Comment Policy</li> </ul>	Pended – will be included on 5/6/2022 agenda.
Cost of Governance	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>• Cost of Governance (Compliance)</li> </ul>	Pended – will be included on 5/6/2022 agenda.
Convene Nominating Committee	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>• Convene Nominating Committee for Officers</li> </ul>	Pended – will be included on 5/6/2022 agenda.
Tier 2.1 Disclosure Statement Packet	Ms. G. Hobdy	<ul style="list-style-type: none"> <li>• Board members present were reminded to submit their annual required Tier 2.1 Personal Financial Disclosure Statement Forms by 5/16/2022. These forms are to be returned to the Ethics Board as directed on the forms and Louisiana Board of Ethics website.</li> </ul>	
Adjournment/Next Meeting	Ms. G. Hobdy	The next Board meeting/annual training is on <b>May 6, 2022, at 12:00pm.</b> Meeting location/details will be provided electronically/posted. The meeting was adjourned.	